WOODBRIDGE INDIVIDUAL TIME TRIAL Presented by P.A.C.E.R.S of Contra Costa County On Saturday, March 23rd, 2013

COURSE: Out and back a total of 11.5 miles on Woodbridge Road, just west of I-5. Almost completely flat and straight levee road, fairly good surface with a few potholes, passes wildlife refuge and hunting club.

DIRECTIONS: From Sacramento, take I-5 south to Peltier Rd exit. Go back under freeway and turn right on Thornton Road. Go south 2 miles, and turn right. From Stockton, take I-5 north to Turner Rd, exit 487. Turn left onto Thornton Road and go north 1.5 miles. Turn left onto Woodbridge Road. Parking will be along Van Exel Road, a private road. Be courteous!!!

REGISTRATION: Check-in will be along Van Exel Road, south of Shamrock Farms, beginning at 6:45 am. Day of entries allowed for additional \$7 fee and may start last if no time slots are available. Go west, under I-5, and turn right before the manure farm. Porta potties available.

PRIZES: Cash purse is 20% of total entry fee to the top 3 in each category. Juniors get medals to the top 3 in two age groups, M/F picked separately. Fixies, Merckx, and elite 5 men also receive medals to the top 3. Results will be posted on site and listed at <u>www.ambikerace.com</u>. ABR sanctioned race.

CATEGORIES: 55+&65+, W 35+, JR 10-14 ride short course starting at 7:45 am, in that order, every 30 seconds. P1/2, E3, E4, E5, W1/2/3, 35+1/2/3 45+4/5, JR 15-18, fixie, merckx, W3/4, 45+1/2/3, 35+4/5, tandem ride full course starting at 8:30 am, starting 60 seconds apart. Short course limit is 30.

FEES: Short course–5.5 miles---\$17, Long Course---11.5 miles---\$27, \$10 discount

for additional long course entry. ABR surcharge included. Annual ABR license also available, will receive \$5 refund at registration.

TO REGISTER: Mail standard ABR release form to Woodbridge ITT, c/o PACERS, P. O. Box 4243, Antioch, CA 94531, payable to George Meilahn. Online registration is @ <u>https://www.voo.st/event/GS3W</u> at no extra charge. Maximum of 150 starts. First 10 riders to register receive free PACERS cap.

FACEBOOK page: <u>http://www.facebook.com/pages/P-A-C-E-R-S/225994100816782</u>